

## Brooks Summer Turkey Trot - Wednesday 13<sup>th</sup> July 2011

A lovely warm Summer's evening saw 17 of us down at Redruth for the Summer Turkey Trot. This is the 9<sup>th</sup> race in the annual Cornwall Grand Prix Series and features a one lap, four mile, course on roads around Mount Tolgus, Illogan and Redruth. It was great to see a good turn out all wearing the new B.W.R.C. pink vests or "Pinkies" as my other half named us on the night. We truly stood out amongst the crowd and positive comments were plentiful.

The start was a mass of some 525 runners from various Cornish clubs and after the gun fired we were off for what was a speedy start downhill, the course then straightened out before a climb up hill and through a residential area the sun was beating down on us and the heat was definitely getting to some. The end was a fast downhill followed by a steep hill to the finish line.

Sara was the first pink vest in with a time of 30:44 - Well Done Sara

Closely followed by Sonia in a time of 31:07

Other members racing and their times are below.

320	0:33:39	HALL, Nicola
354	0:35:08	DYMOND, Amanda
374	0:36:19	SAUNTER, Jenny
387	0:36:40	PARSONS, Alison
408	0:38:03	PLAYER, Shirley
430	0:39:00	DENNIS, Pauline
434	0:39:17	WHITE, Karen
453	0:40:32	MITCHELL, Julie
454	0:40:32	MORRISSEY, Angie
477	0:42:11	MACLAREN, Hazel
490	0:43:37	MASSEY, Jennie
493	0:43:50	PERRING, Sharon
501	0:46:19	TRUBRIDGE, Nicola
512	0:49:10	HART, Helen
513	0:49:10	LEGGATT, Ruth

As everyone got to the finish line they received a rather nice race memento together with a drink, banana and some chocolate.

Well done to everyone that represented B.W.R.C. - we should be truly proud of our achievements 😊