

Race report:

I was the only BWRC runner but it was a great day. Weather was just perfect-last year there were strong winds and high tides to contend with, apparently. This year, we were blessed with glorious sunshine, blue skies and glorious far reaching views of the Mount and beyond. There was a record turn out and this was thought to be because it was now part of the multi terrain series. We started with two minutes silence and were awarded a lovely medal and certificate at the end. It was a tough 4 point something miles but I still prefer sand, seaweed and shingle not to mention running through water to road running anytime! The only downside was seeing the whole course in front of us! It seemed so far! There was great support from everyone. The faster runners were able to offer to encourage the rest of us, as they turned back at the half way mark, though. Because we were encouraged to wear something red and a poppy, I also wore a pink flower and pink sun visor to represent our club! All in all a very memorable Remembrance day run. Make sure you are there next year!