

Sunday 18<sup>th</sup> March 2012 – 10am



In association with, & to raise money & awareness for



Reg Charity No: 239281



Reg Charity No: 232822

Trophies for 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> Male & Female to finish. T-shirts & Goody bag guaranteed to all finishers.

**First name:** ..... **Last Name:** .....

**Address:** .....

**Telephone Number:** ..... **Email Address:** .....

**Age on race day (over 16):** ..... **Male/Female:** ..... **T-shirt size (Circle):** S M L XL

**Date of Birth:** ..... **Affiliated:** Yes..... No..... (Please tick ✓)

**Club Name:** ..... **UKA Affiliation Number:** .....

**DATA PROTECTION:** The information provided by you on this form will be used solely for the purpose of race results, and identification for health and safety reasons. The information will only be available to members of the results team and appropriate race officials and will not be passed to any other person or agency.

**Entry Fee:** (Please Circle appropriate) **£12** Affiliated **£14** Non Affiliated **£16** on the day.

**Payment:** Cheque or Postal order made payable to: Looe Pioneers Running Club. **Please send all entry forms with appropriate payment to:** "Looe 10 Miler" Mrs Geraldine Bowden, Sycamore Lodge, Meadow Drive, Looe, Cornwall, PL13 1NS. Final postal entries Wednesday 14<sup>th</sup> March 2012. Remember there is a race limit of 300 entries.

**Declaration:** I understand that while the organisers make every effort to ensure my personal safety, they will not be held responsible for any injury, loss or damage incurred by/to me during the race. I will ensure to the best of my knowledge that I am medically fit to run on race day. I can confirm I am over 16 years of age (Parent or Guardian to sign if under 18 years old)

Signed: ..... Date: .....

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**The Race:** The Looe Pioneers are a small but friendly running club, formed in 2005. We are all very excited about this, our inaugural race and are hoping it will prove very popular, putting Looe firmly on the running map both as a challenging race and also somewhere truly special to run. Be warned though it is as the title suggests, so not for the feint hearted!!

Thanks and **Good Luck!!**

### **Please retain this section – Useful Information.**

**The Course:** A very scenic and undulating route, mostly on country roads. For more details of the course please checkout our website.

**Race numbers:** These can only be collected at registration which starts at 8:45am on race day. Race starts 10am. All race results will be posted on our website [www.looepioneers.com](http://www.looepioneers.com)

**Directions:** **From Plymouth** A38, Trurulefoot roundabout turn left A374 then turn right A387 this joins the B3253 at Widegates then follow to Looe. **From Liskeard** A38 take a right B3252 this joins A387, this takes you to Looe. Sandplace Road then Station road coming down to Looe past Train and Police station and a Texaco petrol station on your right, continue on, the road bears right over Looe Bridge, follow race signage to Millpool Car Park. Race start is here.

**Parking:** There is ample pay & display parking at the race start. Millpool car park, PL13 2AF, West Looe. As usual at races we would recommend you car share if at all possible. Bring some change.

**Baggage other information:** There are toilets and baggage storage at the start & finish. St John's Ambulance will be in attendance. Refreshments will be available on the day, close to start & finish.

**Accommodation:** If you require accommodation in Looe please visit [www.looedirectory.co.uk](http://www.looedirectory.co.uk) or [www.cornishcollection.co.uk](http://www.cornishcollection.co.uk) for a wide range of quality accommodation.

**For any other information:** Visit [www.looepioneers.com](http://www.looepioneers.com) or contact Mr John Bowden on 01503 264805.

